

Make a Plan: Free Planning Tools and Resources

Use your completed [checklist](#) to make a personal plan with the Honoring Choices *Who's Your Agent?*® planning tools below. Each step aligns with the checklist's **5-Step Planning Process** and has multilingual documents and tools to **help you** write down your care choices and personalize your plan.

Step 1. Personal Decisions Making Abilities

- [Getting Started Tool Kit](#) – adults can make their own personal care plan
- [Health Care Proxy](#)- free downloadable document, available in 17 languages
- [Adult and Supportive Person Tool Kit](#) - choose a trusted person(s) to help make a plan
- [Supported Decision-Making Agreement](#) - choose trusted person(s) to help make decisions to meet your health, personal, financial needs and make an agreement
- [Conversation Guides to Talk with Care Providers](#) – talk about your care goals and choices

Step 2. Health Care Personal and Financial Planning Needs

- [Getting Started Tool Kit](#) – adults can make their own personal care plan
- [Supported Decision-Making Agreement](#) – choose trusted person(s) to help make decisions to meet your health, personal, financial needs and make an agreement
- [Durable Power of Attorney fact sheet](#)
- [Explore Alternatives to Guardianship and Conservatorship](#)

Step 3. Care Choices, Preferences and Planning Documents

- Honoring Choices Tool Kits: [The Getting Started Tool Kit](#); [Next Steps Tool Kit](#); [Adult and Supportive Person Tool Kit](#);
- [MA multi-lingual planning documents](#) Health Care Proxy; Personal Directive (Living Will);
- Fact Sheets: [Durable Power of Attorney](#); [Medical Orders for Life-Sustaining Treatment \(MOLST\)](#); [Comfort Care/Do Not Resuscitate Order \(CC/DNR\)](#)
- [Conversation Guides to Talk with Care Providers](#) – talk about your care goals and choices
- [What Matters to Me Workbook](#) for adults with serious illness (The Conversation Project/Ariadne Labs)

Step 4. Community Services, Supports, Accommodations and Alternatives

- [List of Services, Supports, Accommodations and Alternatives](#)
- [Explore Alternatives to Guardianship and Conservatorship](#)

Step 5. Considering Guardianship and Conservatorship

- [Things to Know About Guardianship and Conservatorship](#)
- [Role and responsibilities of a Guardian and Conservator](#)
- [MA Probate and Family Court on-line modules](#); [Ombudsperson Service Program](#); and procedures and forms to initiate, modify, terminate a Guardianship or Conservatorship

See all the Honoring Choices MA *Who's Your Agent?* tools on the [Resources page](#)