

Make a Plan: List of Community Services, Supports, Accommodations and Alternatives

This is a partial list of resources contributed by the Honoring Choices Partners and Friends to consider when making a personal plan. Explore with a trusted person to build in needed help and supports to get the care and services you need and want. This list is for informational purposes only and is not intended as legal advice or as a referral or endorsement of any program or services.

Community and Home Care Resources for State and Local Help

- [Mass Aging Access - 27 Aging Services Access Point organizations](#)
- [Massachusetts Councils on Aging- 370 local Councils across the Commonwealth.](#)
- [MA Probate and Family Court, Office of Adult Guardianship and Conservatorship Oversight](#)
- [Mass Senior Care- nursing facilities and long term care organizations](#)
- [Mass211/HelpSteps](#)
- [MassAbility Home and Community Life Services](#)
- [MAssOptions Call Center](#)
- [MA Independent Living Centers](#)
- [The Alzheimer Association, MA & NH Chapter 24/7 Helpline and website](#)
- [The Arc of Massachusetts](#)
- [Behavioral Health Services and Helpline](#)
- [Bringing People Home Initiative - Center for Public Representation](#)
- [Home Care Alliance](#)
- [Honoring Choices Community Partner List](#) - help in your community.
- [Hospice & Palliative Care Fed of MA](#)
- [Supported Decision Making – Center for Public Representation](#)
- [Veterans Health Administration](#)

Services, Supports and Accommodations

Accommodations:

- [Reasonable Accommodations Fact Sheet](#)- Center for Public Representation
 - o What is a reasonable accommodation and how do I ask for it?
 - o Environmental Adjustment -sensory, physical, psychosocial needs

Behavioral and Mental Health

- [Community Behavioral Health Centers \(CBHCs\)](#) 26 centers across MA.
- [National Alliance on Mental Illness – MA](#) chapter <https://namimass.org/>
- [Behavioral Health Help Line](#) at **833-773-2445** .
- [988 Suicide & Crisis Lifeline](#) ; 24/7. call 988..

Communication

- [ALS Association Communication & Assistive Devices Equipment List](#)

Disability Resources

- [Disability Law Center](#)
- [Olmstead Rights: List of MA Disability Resources and Advocacy Organizations](#)

Digital Content Accessibility

- [Digital Access Resources](#)

Family Caregiver Support

- [Family Caregiver Support Program](#)

Financial Assistance

- [Money Management Program through local Area Agencies on Aging](#)

Hearing & Vision Impairment

- [Perkins Transitions Center](#)
 - [Transition Timeline Organization tool](#)
 - [Self Determination and Transition](#)
 - [Legal and Financial Guardianship](#)
- [Association for the Blind and Visually Impaired](#)
- [MA Commission for Deaf and Hard of Hearing](#)

Housing Assistance

- [MA Housing Assistance Information](#)

Legal, MA Probate and Family Court and Guardianship

- [Finding Legal Help and Clinics](#)
- 2026 [Elder Resources Guide, MassNAELA](#)
- [MassNAELA Special Needs and Disability Law Toolkit](#)
- [MA Probate and Family Court Resources- Guardianship and Conservatorship](#)
- [MA Guardianship Policy Institute Legal Resources](#)
- [Center for Guardianship Excellence](#)

Medical, Personal and Health-Related Needs

- [Daily Living Activities, Home Care, Supported Living](#)
- [Medical equipment and assistive technologies](#)
- [Health-related needs such as housing, food, transportation, social needs, basic living expenses medications, safety, etc.](#)
- [“After the Hospital: The Guide to Post-Acute Care”, Mass Health & Hospital Association](#)

Physical Accessibility and Transportation

- [Physical Accessibility and Mobility:](#)
- [Ride Match](#)

Alternatives to Guardianship – re-assess often to avoid an unnecessary Guardianship

- ☐ Complete a Health Care Proxy
- ☐ Complete a MOLST/POLST AND CC/DNR
- ☐ Supported Decision-Making Plan and Agreement

Alternatives to Conservatorship - reassess often to avoid an unnecessary Conservatorship

- ☐ Complete a Durable Power of Attorney
- ☐ Supported Decision-Making Plan and Agreement
- ☐ Social Security's Representative Payment
- ☐ Veterans Administration's Fiduciary Program
- ☐ Joint Bank Accounts, ABLE Savings Plan; Trusts

See all Honoring Choices MA [Resources webpage](#) for all planning tools and resources.