

Now's the Time! Make Your Own Plan.

Start to make a personal health care plan with the Honoring Choices MA Getting Started Tool Kit. It's as easy as 1-2-3!

1 **Who's Your Agent?**
Choose a Health Care Agent
in a Health Care Proxy.

2 **What Matters To Me?**
Write down your care choices
in a Personal Directive.

3 **Talk About Your Care.**
Talk with your care providers
to match care to your choices.



Come join us to learn how to make your own care plan to write down your health care decisions and get good care today and over your lifetime. We will review a simple step by step process to learn how to make your own plan and complete a MA Health Care Proxy and Personal Directive (Living Will):

[Step 1.](#) Choose a Health Care Agent in a *Health Care Proxy*;
▪*Not sure who to choose yet? "No Agent. No Problem". Just start with Step 2.*

[Step 2.](#) Talk with family or friends about your care choices. Write down your choices in a *Personal Directive (Living Will)*;

[Step 3.](#) Talk with your doctors & care providers to put your plan into action. Use our handy guide *"5 Things to Talk About With Your Care Providers."*

You'll receive a free Honoring Choices **Getting Started Tool Kit**, with free MA documents.

Who Can Attend:

No Cost

How To Register: