# **Honoring Choices Massachusetts**

### "Your Health Care. Your Choice."

We provide free health care planning information & MA documents to help adults make a personal health care plan. The Honoring Choices Partners and Ambassadors use our programs and tools to start powerful planning conversations and connect adults to care in their community.

To date, Partners & Ambassadors have helped:

58,500 adults engage in planning conversations 55,000 adults connect to essential care

# **Get good care everyday** — It starts with you!

Our vision: Everyone gets the best possible care that honors their values and choices all through their life. Starting at 18 years old, you can make your own health care plan. Your plan is your roadmap that helps your clinicians provide care to promote everyday wellness, manage illness as you age, and live well with serious illness. **Everyone can:** 

# Make A Plan Who's Your Agent?® Program Do-it-yourself tool kits to make your plan: Getting Started



### **Connect to Care**

Community and Alliance Partners



### **Community Partners**

Healthcare & community groups help adults in 6 MA regions



### **Alliance Partners**

distribute tool kits to thousands of their care providers who help adults locally

### **Start a Discussion**

Health Care Planning Ambassadors



### 450 Ambassadors

start powerful conversations and host fun local events



Age and Dementia Friendly Groups become Ambassadors!

# **New Joint Initiatives**

Here is what the Honoring Choices Partners and Friends are working on!

# New England Healthy Living Collective

**Expanding into 6 states** 

We are collaborating with Age Friendly, Dementia Friendly and health care leaders to:

- Support more livable communities
- Improve access to health care planning documents
- Ensure all adults in New England get good care

# **Exciting Projects**

### Better care that honors your choices

- Offer incentives for early discussions
- Address barriers of race, language & culture
- "Planning Ahead" for adults with dementia
- Build bridges for better care transitions
- Start a Palliative Care conversation
- Improve the Serious Illness-MOLST Process

