

Who's Your Agent?



You have the right to say what you want for care.

If you get sick, a person you trust called a **Health Care Agent (Agent)**, can step in with the power to talk to your doctors to get you the care you want.

It's easy to do.



1. Choose an Agent. Give your Agent **the power** to make decisions in a document called a Health Care Proxy.
 - If you cannot choose an Agent, no problem. Just start with Step 2.



2. Write down what you want for care in a document called a Personal Directive (PD).



3. Give a copy of your documents to your Agent, family and doctors to get the care you want.

You can do-it-yourself.
The "Getting Started Tool Kit" has free documents.

Go to www.honoringchoicesmass.com