

Talk to Your Patients and Clients: Basic Discussion Guide

5 Things To Talk About With Your Patients and Clients

To make a plan for the best possible care.

**INFORMATION TO
MAKE CHOICES**

- 1. Let's talk about your understanding of your health or illness and treatment options:**
 - What's your understanding of your health or illness? What would you like to know today?;
 - Let's look ahead: What information would help you to make choices and plan for the future?

YOUR GOALS

- 2. Let's discuss your goals and explore the care you want and do not want:**
 - Given your values, beliefs, and priorities, what's most important to you?;
 - What worries or concerns you?

YOUR PLAN

- 3. Let's discuss your care plan and writing down your choices in planning documents:**
 - Let's discuss your prognosis and the plan for getting you to your goals;
 - Did you appoint a Health Care Agent I can speak with if you are unable to make decisions?;
 - Can I place a copy of your Health Care Proxy in your medical record?

**KNOW YOUR
CHOICES**

- 4. Let's be sure I know your choices and that your medical record is up-to-date:**
 - Here's my understanding of the care you want and do not want. Correct? Has that changed?;
 - Do you want to revise/add a planning document, and review the documents in your record?

**HONOR YOUR
CHOICES**

- 5. Let's be sure your care providers can honor your choices all through your life:**
 - If you need emergency care, let's discuss who can access your medical records;
 - Would you like to bring in your family/Agent to talk about your plan & honoring your choices?