5 Things To Talk About With Your Patients and Clients

To make a plan for the best possible care.

1. Let’s talk about your understanding of your health or illness and treatment options:
   • What’s your understanding of your health or illness? What would you like to know today?
   • Let’s look ahead: What information would help you to make choices and plan for the future?

2. Let’s discuss your goals and explore the care you want and do not want:
   • Given your values, beliefs, and priorities, what’s most important to you?
   • What worries or concerns you?

3. Let’s discuss your care plan and writing down your choices in planning documents:
   • Let’s discuss your prognosis and the plan for getting you to your goals;
   • Did you appoint a Health Care Agent I can speak with if you are unable to make decisions?
   • Can I place a copy of your Health Care Proxy in your medical record?

4. Let’s be sure I know your choices and that your medical record is up-to-date:
   • Here’s my understanding of the care you want and do not want. Correct? Has that changed?
   • Do you want to revise/add a planning document, and review the documents in your record?

5. Let’s be sure your care providers can honor your choices all through your life:
   • If you need emergency care, let’s discuss who can access your medical records;
   • Would you like to bring in your family/Agent to talk about your plan & honoring your choices?