

Palliative Care Discussion Guide

To make a plan for the best possible care.	
INFORMATION TO MAKE CHOICES	 Let's talk about your understanding of your health or illness and treatment options: What's your understanding of palliative care? Here's how it fits into your regular care. What troubles you most? Here's the relief you can expect with palliative care.
YOUR GOALS	 2. Let's discuss your goals and explore the care you want and do not want: What's most important to you?; what worries or concerns you? Can you tell me what you are able to do now; what are you hoping for? Given your priorities, goals & choices, let's discuss which palliative services may be best.
YOUR PLAN	 3. Let's discuss your care plan and writing down your choices in planning documents: Let's discuss who's on your care team and the plan for getting you to your goals. Do you have a Health Care Proxy?; if not, would you like to complete one now? What's your understanding of your choices regarding life-sustaining treatments? Would you like to make choices for care and complete a MOLST form?
NOW YOUR CHOICES	 4. Let's be sure I know your choices and that your medical record is up-to-date: Here's who coordinates your care and talks with you & your family about updates/changes. Do you want to revise/add a planning document and review your medical record?
DNOR YOUR CHOICES	 5. Let's be sure your care providers can honor your choices all through your life: Let's discuss what happens if you need emergency care and who can access your records. Would you like to bring in your family/Agent to discuss your plan & honoring your choices?

Who's

Your Agent?®

Notes: